

# **SUBSTANCE ABUSE TREATMENT FACT SHEET**

## **Massachusetts Department of Public Health, Bureau of Substance Abuse Services**

*This fact sheet contains information about the impact of alcohol and other drug use in the First Essex Representative District. Admission data were reported to the Bureau of Substance Abuse Services (BSAS) Substance Abuse Management Information System in FY 2003.*

### **Residents of First Essex Representative District**

#### **Characteristics of Admissions**

In FY 2003, there were 115,896 admissions to licensed substance abuse treatment services in all of Massachusetts; less than one percent (490) of these admissions reside in the First Essex Representative District.<sup>1</sup> **Please note that these statistics represent only individual admissions, and represent a figure lower than the actual number of constituents in need of treatment services.** In FY 2003, admissions to all residential and outpatient substance abuse treatment services from the First Essex Representative District reported the following characteristics:

- 70% were male and 30% were female.
- 57% were between the ages of 30-49.
- 94% were white non-Latino, 1% were black non-Latino, 3% were Latino, and 2% were other racial categories.
- 59% were never married, 15% were married, and 26% reported not to be married now.
- 20% had less than high school education, 55% completed high school, and 25% had more than high school education.
- 41% were employed.
- 5% were homeless.
- 36% had prior mental health treatment.

#### **Primary Substance of Use**

At admission clients also identify a “primary drug” of use that is the substance for which the client is seeking treatment. Table 1 compares the proportional distribution of primary drugs in Massachusetts with that for the First Essex Representative District.

<b>Table 1</b>					
<b>Primary Drug by District and State FY 2003</b>					
	Alcohol	Heroin	Marijuana	Cocaine	Crack
District	48%	37%	5%	4%	1%
State	43%	38%	6%	4%	4%

#### **Substances Used in Past Year**

Upon entering treatment, each client is asked to report ALL substances used in the past year (12 months) prior to admission. Admissions frequently report using more than one substance within the year. The use of more than one psychoactive substance, such as alcohol and marijuana, is referred to as ‘polydrug’ or ‘polysubstance’ use.

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<sup>1</sup> To protect client confidentiality, statistics representing clients under 17 years of age have been omitted from this fact sheet.

Table 2 shows ALL substances which clients reported using in the year prior to admission, as well as the prevalence of injection drug users (or IDU's), individuals who use a needle to ingest cocaine, crack, heroin or another drug to get high.

<b>Table 2</b>							
<b>Annual Admissions by Substance Used FY 1995 – FY 2003</b>							
<b>First Essex Representative District</b>							
	Total	Alcohol	Marijuana	Cocaine	Crack	Heroin	IDU
<b>FY '95</b>	405	350	104	80	43	71	52
<b>FY '96</b>	420	374	129	78	74	81	66
<b>FY '97</b>	450	362	135	57	32	113	91
<b>FY '98</b>	464	382	160	106	47	119	90
<b>FY '99</b>	479	369	137	126	79	194	142
<b>FY '00</b>	469	345	114	88	54	185	144
<b>FY '01</b>	467	342	136	98	40	136	103
<b>FY '02</b>	456	304	102	71	22	164	126
<b>FY '03</b>	490	323	126	99	42	184	151